

## Comments from Past Retreats

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*"This weekend was unlike anything that I have ever experienced. I did not know what to expect, but I never would have expected anything like this. It was an absolutely wonderful experience."*

*"For the first time I feel I can go forward without being pulled down by the past."*

*"Someone was always there with an encouraging word or hug. It definitely made the difference because we've all been alone and hiding from this issue for so long that we needed to be with others who were in the same boat. I am so thankful the Lord brought me here."*

*"I experienced forgiveness and hope that I did not believe were available to me."*

*"The retreat is a true blessing to all post-abortive women who are in search of forgiveness, who wish to be reconciled with the Lord, and who are in need of the wholeness only He can provide."*

*"I finally realized that I was not alone, that God had never abandoned me. When I finally knew in my heart that his love had always been unconditional, only then did I give myself permission to let go of the edge and travel through that vortex to emerge safely on the other side. I am a person forever changed by the journey."*



project rachel

Peace starts here

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Project Rachel  
(919) 852-1021

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Email: [projectrachel@nc.rr.com](mailto:projectrachel@nc.rr.com)

Website: [projectrachelnc.org](http://projectrachelnc.org)

## Project Rachel Retreat Weekend

*A Journey of  
Post-Abortion Healing*

**6:00 pm Friday**

**April 26, 2019**

**until**

**2:00 pm Sunday**

**April 28, 2019**

Avila Retreat Center

711 Mason Road

Durham, NC 27712



Sponsored by Project Rachel  
email: [projectrachel@nc.rr.com](mailto:projectrachel@nc.rr.com)  
website: [projectrachelnc.org](http://projectrachelnc.org)

# Project Rachel: A Journey of Post-Abortive Healing

## Who We Are

If you are suffering from the effects of an abortion, we want you to know that there is help and there is hope.

Through volunteers, professional counselors, and clergy, Project Rachel helps women, men, and families deal spiritually and psychologically with their participation in an abortion and offers a means to extend the healing grace of God. In a caring and hopeful context, you will be able to move toward reconciliation—with yourself, God, family, and the aborted child.

## About the Retreat

The weekend retreat is an opportunity to experience God's love, forgiveness, and compassion in a supportive and confidential environment. Through prayer, discussion, and Living Scripture exercises, participants are able to make their way through the critical steps of post-abortion healing. The sacrament of Reconciliation is available to offer the powerful and loving embrace of Christ, and the retreat concludes with a memorial service and a Mass of Resurrection. Though a Catholic Mass is celebrated, the focus of the retreat is a Biblical healing process, and women and men of any denomination are welcome.

*"God performed a miracle in my heart. This has changed me forever. . . True healing came out of this experience."  
(Words of a former retreat participant)*

## Registration Information

The fee for the weekend is \$150. It includes overnight lodging on Friday and Saturday, all meals and snacks Friday through Sunday, and retreat sessions and materials.

Avila Retreat Center, located in northern Durham, NC, offers a quiet and serene atmosphere for the retreat. Individuals or couples are welcome. Confidentiality is respected.

Registration forms must be received by April 12, 2019. Space is limited. Payment in full is requested at time of registration. Some financial assistance is available.

If you have questions, please contact Project Rachel at [projectrachel@nc.rr.com](mailto:projectrachel@nc.rr.com) or (919) 852-1021. You can also visit our website: [www.projectrachelnc.org](http://www.projectrachelnc.org).

### Directions from Raleigh

Take Wade Avenue toward RDU International Airport

Continue on Wade Avenue until it becomes I-40 W

Continue on I-40 W to NC-147 North (Exit 279B)

Continue on 147 North to S. Duke Street

S. Duke Street becomes US 501 N / N. Roxboro St.

Continue on US-501 N/ North Roxboro Street

Turn left onto Mason Road

## Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

Are you on any medication? \_\_\_\_\_

Need special diet or

handicapped accessibility? \_\_\_\_\_

Emergency contact during the retreat:

Name \_\_\_\_\_

Phone \_\_\_\_\_

Enclosed is my payment of \$150.00 \_\_\_\_\_



Make checks payable to:

Project Rachel  
2304 Wesvill Ct., Suite 340  
Raleigh, NC 27607

For additional information:  
(919) 852-1021